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### **The Care Plus Foundation Recognizes Leonard Marshall, Former NFL Giant and Brain Injury Awareness Advocate, as Honorary Board Trustee**

**Paramus, N.J. (May XX, 2020)** – The Care Plus Foundation, Inc. (“the Foundation”), a 501(c)(3) non-profit organization that supports the innovative and life-changing programs and services of Care Plus NJ, Inc. (“CarePlus”), announces it has recognized former NFL player Leonard Marshall as an honorary member of the CarePlus Foundation Board of Trustees.

Throughout Marshall’s NFL career as a defensive lineman, he spent ten seasons with the New York Giants and was present for the team’s Super Bowl XXI and XXV wins. In 2013, Marshall was diagnosed with chronic traumatic encephalopathy (CTE), a degenerative brain disease common in those with a history of repetitive brain trauma. After being diagnosed with CTE, Marshall became advocate for the disease and continues to be involved in efforts to raise awareness. In recognition of his advocacy, the Foundation honored Marshall at their 2016 Annual Courage Awards Gala.

“The people at CarePlus are champions for the community,” remarked Marshall. “The programs and services offered are an essential lifeline, which is a worthy mission in itself. The Foundation takes it to the next level by providing financial assistance for housing, medication, education, and more. It removes barriers and opens doors for people to get support and increase their quality of life.”

Recognizing the importance of comprehensive care, especially for those coping with physical injuries as well as related mental health issues, Marshall has since remained involved with CarePlus and has been a strong supporter of their work as a pioneer in integrated primary and behavioral health care. In his role as an honorary member of the CarePlus Foundation Board of Trustees, Marshall will continue his philanthropic support of the organization.

“We are thrilled to formally recognize Leonard Marshall’s ongoing support by recognizing him as an honorary member of the CarePlus Foundation Board of Trustees,” said Keri Diamond, Associate Development Director for the Foundation. “At CarePlus, we’ve always recognized that health care should be addressed through comprehensive, integrated treatment and this is especially true for brain injury and mental health. We look forward to continuing to work with Leonard as well as the rest of our dedicated board of trustees to make a difference in the lives of those with mental health issues in the community.”

### **About CarePlus**

For more than 40 years, Care Plus NJ, Inc. (“CarePlus”) has been a pioneer in integrated primary and behavioral health services for adults and children in northern New Jersey. Based in Paramus, New Jersey, CarePlus is committed to providing the most comprehensive integrated treatment options through 72 programs designed to meet the full spectrum of health and wellness needs for adults and children in the communities it serves. Specializing in acute care, CarePlus provides immediate, high-quality health services and support programs for individuals in crisis. Nationally ranked for excellence in customer satisfaction by the Mental Health Corporations of America, CarePlus is mission driven ensuring that anyone who needs it has access to specialized care. To learn more about CarePlus and its wide range of programs and services, visit <https://www.careplusnj.org/>.

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